

WELCOME  
— TO —  
LA FORTUNA



ARENAL  
MANOA  
\*\*\*\*

# WELCOME TO ARENAL MANOA

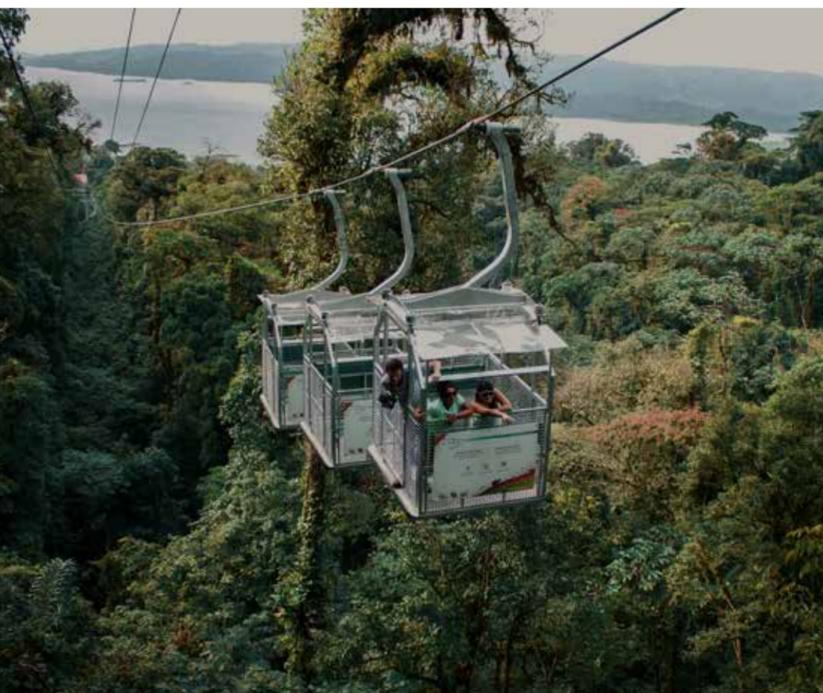
---

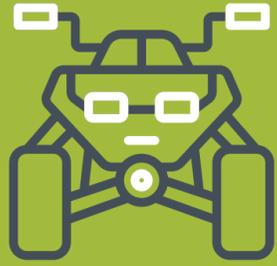
In La Fortuna there's much more yet to discover! In this book you may find many activities you can do in La Fortuna and in our Hotel.

Everything can be booked directly in the front desk or with an email before your arrival.

**Enjoy your stay!**

*Kind regards Arenal Manoa Staff*



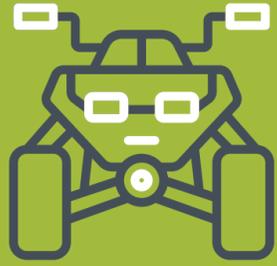


# ATV ARENAL VOLCANO TOUR

---

Ready for some mud?! This tour takes you to the foothill of the mighty Arenal Volcano in an ATV. Enjoy the rainforest, crossing rivers and the view of the volcano.





# ATV ADVENTURE ARENAL RIVER

---

Another adrenaline-filled adventure in an ATV, but in this experience we take you to visit the Arenal river through trails that take you deep in the tropical forest.



# CANOPY TOUR ECOGLIDE PARK

---

The Zip Line tour takes you up to the highest point in the forest, enjoy a safe flight among the local fauna. The adventure takes place in 13 different zip lines. You may also enjoy the Tarzan Swing.





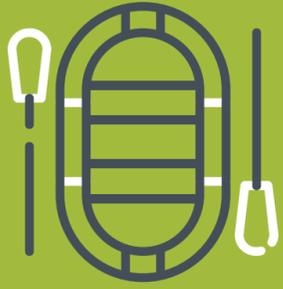
# SKY TRAM & TREK TOUR

---

Enjoy the rainforest from another perspective high above the trees in our Gondolas and live all the fun with the zip lines tour.

\*Skywalk adventure can be added to the package.



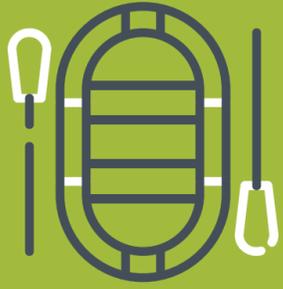


# WHITE WATER RAFTING II & III

---

Time to paddle down the river! A safe adventure in the middle of the rainforest among rapids class II and III. It takes around 45 minutes to drive to the river point where the fun begins.





# WHITE WATER RAFTING FULL DAY III & IV

---

Exhilarating hours of water action on this tropical river with higher level of fun and adrenaline. It requires good physical condition. It takes 60 minutes to get to the river's start point.

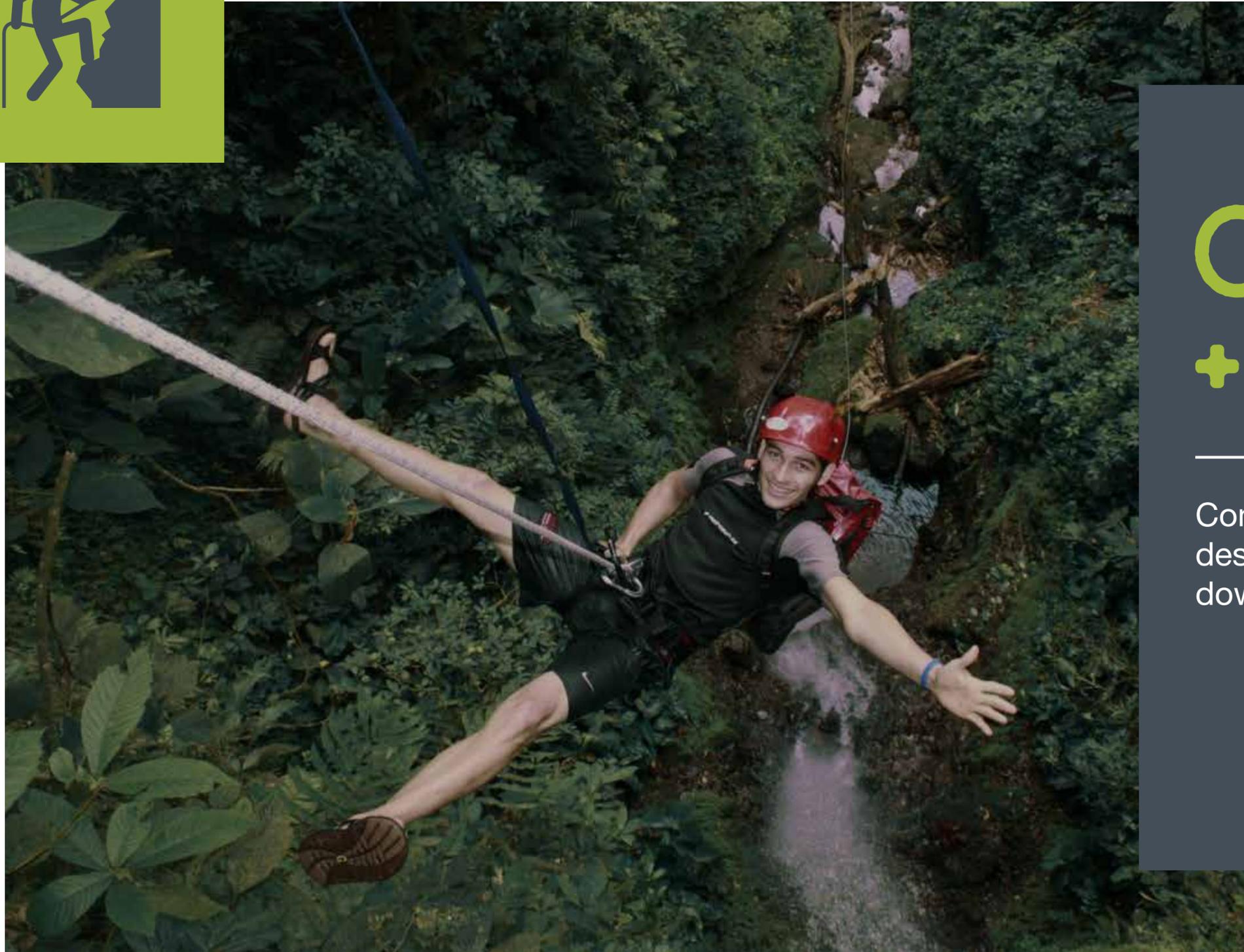


# WATERFALL CANYONING

---

Descend into different rocky canyons, next to 4 different waterfalls. An adventure that requires good physical condition.



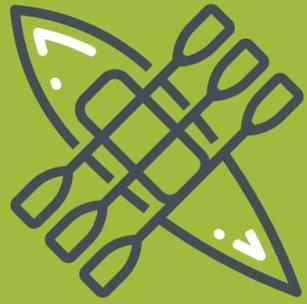


# CANYONING + RAFTING

---

Combine two adrenaline-filled activities: descending into a rocky canyon and paddling down the rapids with friends.





# FLOATING SAFARI OR KAYAK SAFARI

---

Float down the river sighting rainforest animals such as iguanas, monkeys, crocodiles, frogs, a wide variety of birds and more.



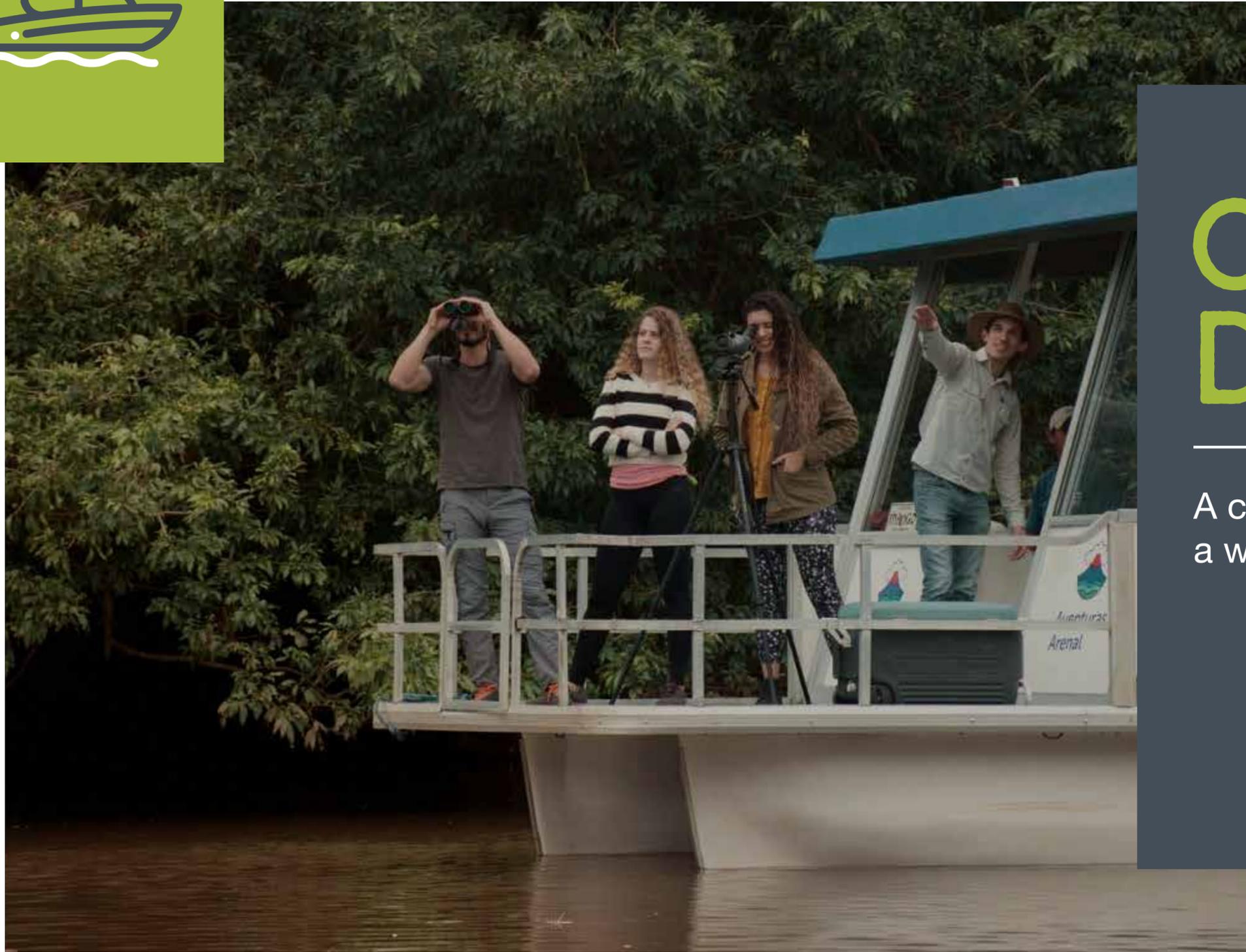


# PENÍNSULA TRAIL + BOAT RIDE IN THE LAKE

---

Walk through the tropical rainforest and then board the boat for great panoramic views along the ride.



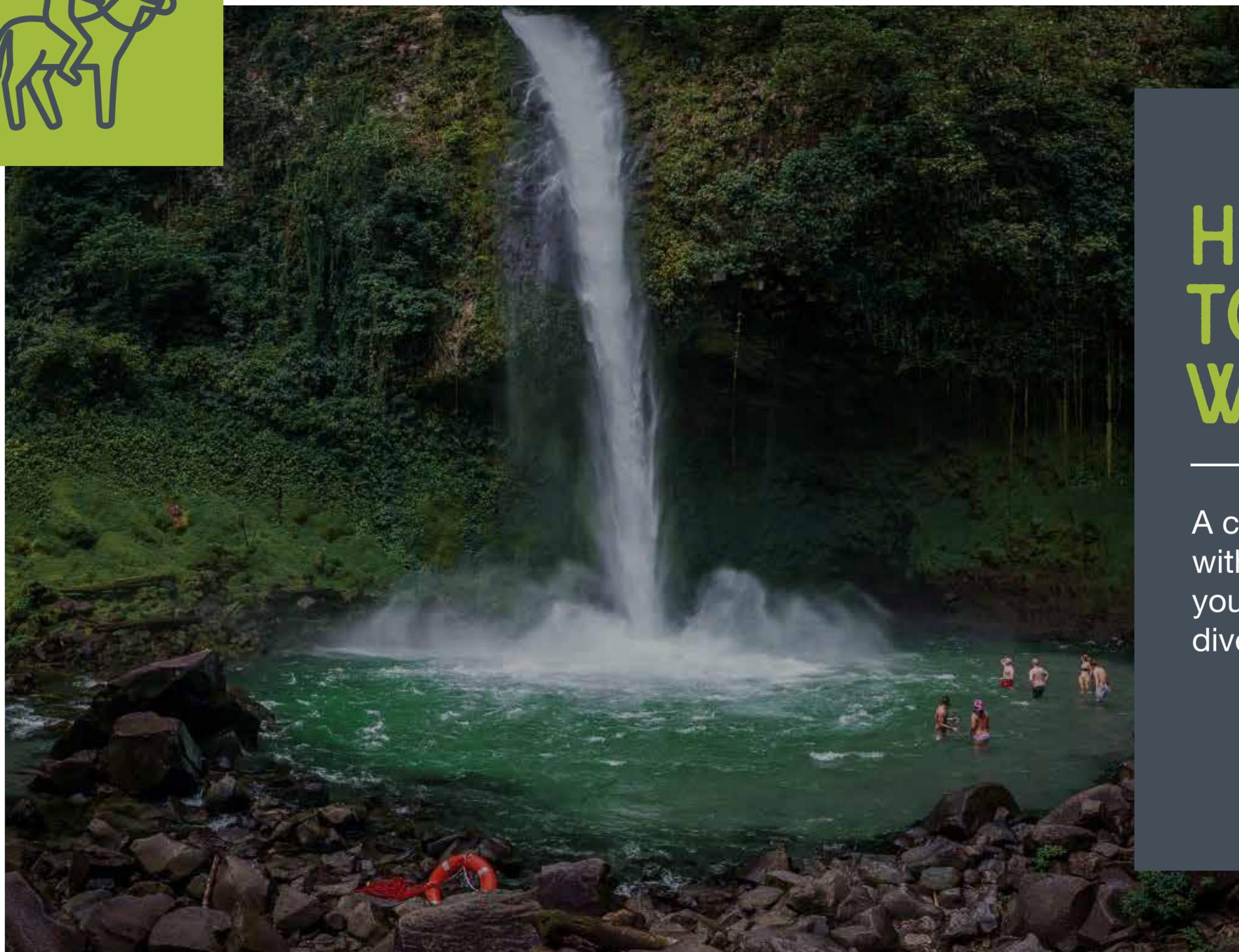


# CAÑO NEGRO DAY TOUR

---

A calm boat ride into the deepest corners of a wildlife-filled refuge, ideal for nature lovers.





# HORSEBACK RIDING TO LA FORTUNA WATERFALL

---

A combination of a horseback riding adventure with a hiking experience down a canyon in which you will find a beautiful waterfall ready for you to dive in!

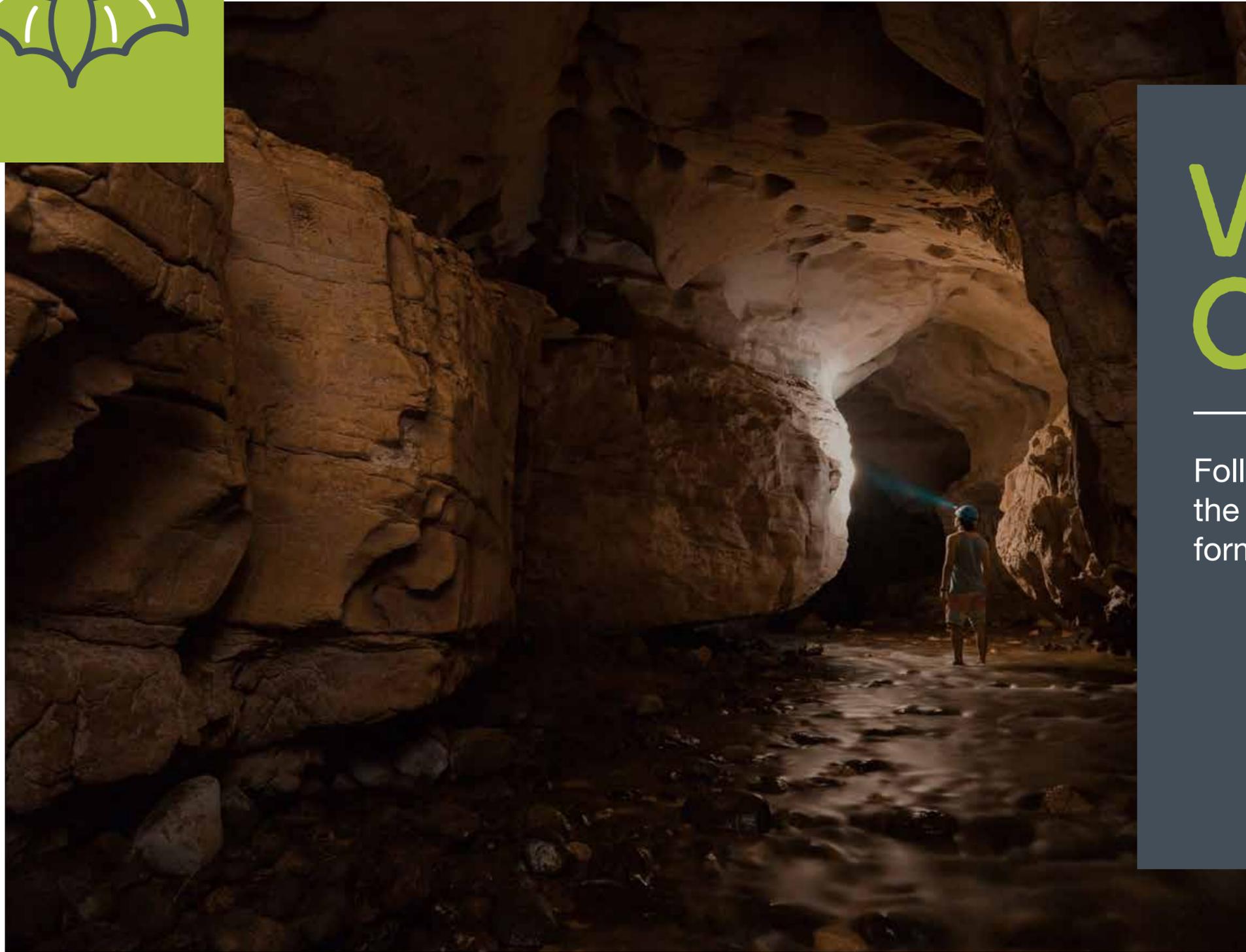




# HORSEBACK RIDING IN FINCA UVA

---

An adventure in the surroundings of the Volcano and going through a typical cattle farm.

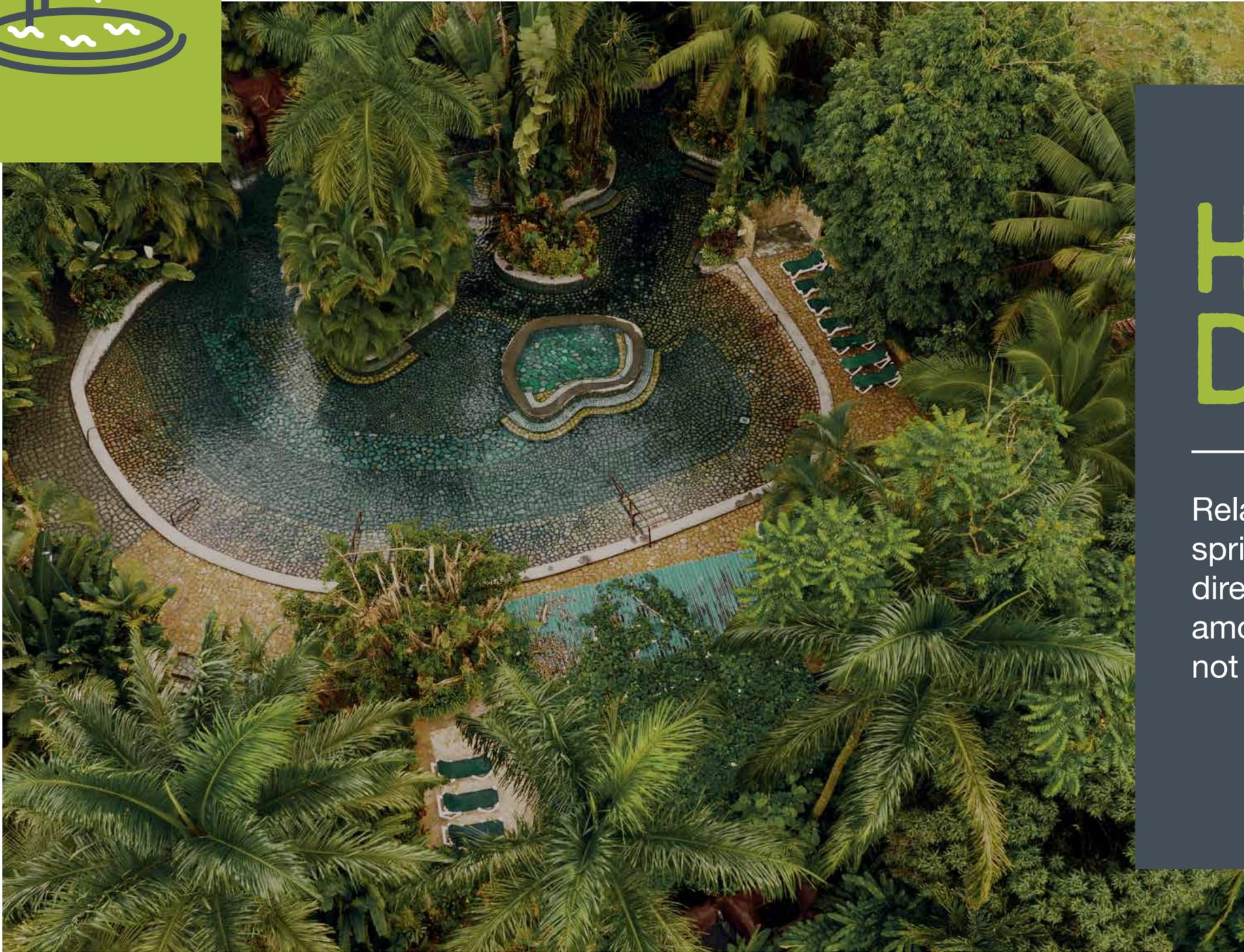


# VENADO CAVES

---

Follow the subterranean creek stream deep into the Venado Caves where you will find rock formations, bats, spiders and a variety of fossils.

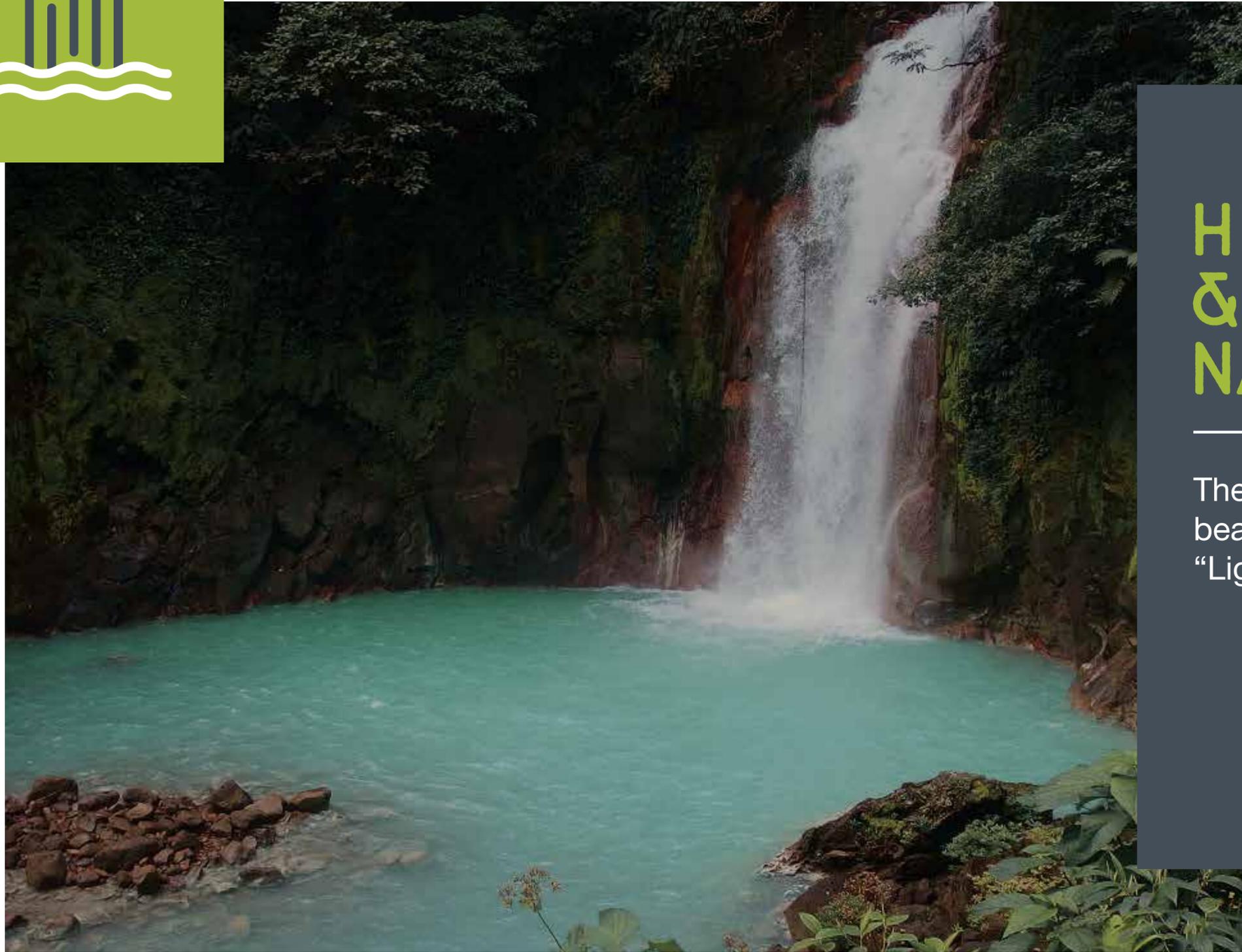




# HOT SPRINGS DAY PASS

---

Relax and enjoy any of the available options of hot springs in the Area, all of them filled with minerals directly from the volcano. Choose your favorite among Tabacon, Baldi or Eco Termales. Transport not included.



## HIKING TO RÍO CELESTE & TENORIO VOLCANO NATIONAL PARK

---

The clear waters mysteriously change into a beautifully bright, light blue color (hence the name “Light Blue River”)



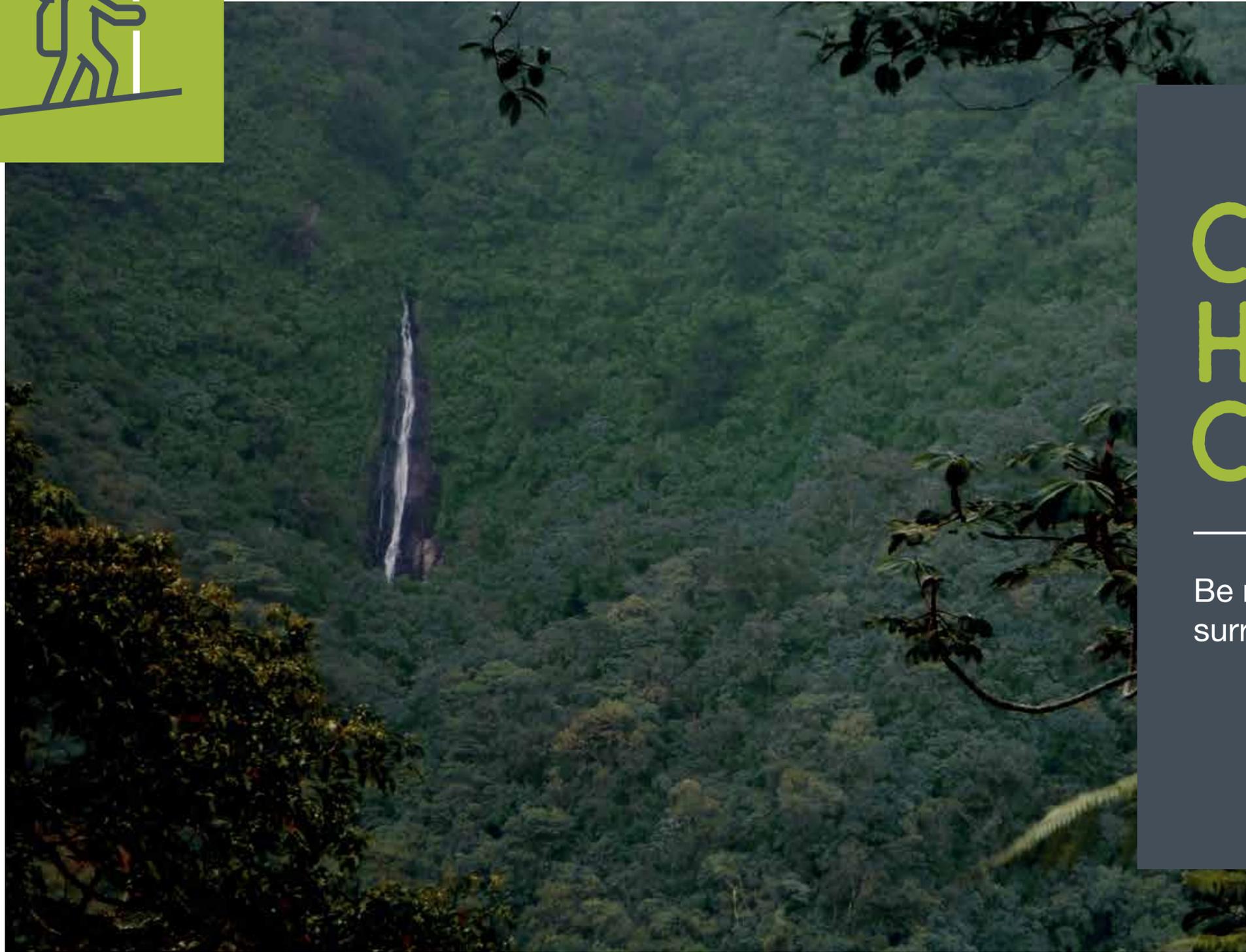


# TREKKING AT VOLCANIC CRÁTER LAGUNA HULE

---

Get ready for a day of hiking in the beautiful surroundings of an extinct Volcano, enjoy the local flora and fauna around the trail. Good physical condition needed.

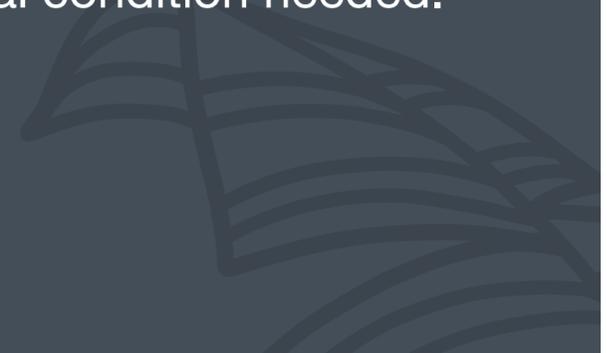




# CLOUD FOREST HIKE AT JUAN CASTRO PARK

---

Be ready for a full day of hike with beautiful surroundings. Good physical condition needed.





# HIKING TO ARENAL 1968

---

Guided hike through the base of the Volcano to see the old lava flows that destroyed the Tabacon town back in 1968. A historic hike full of nature, emotions and beautiful flora and fauna.

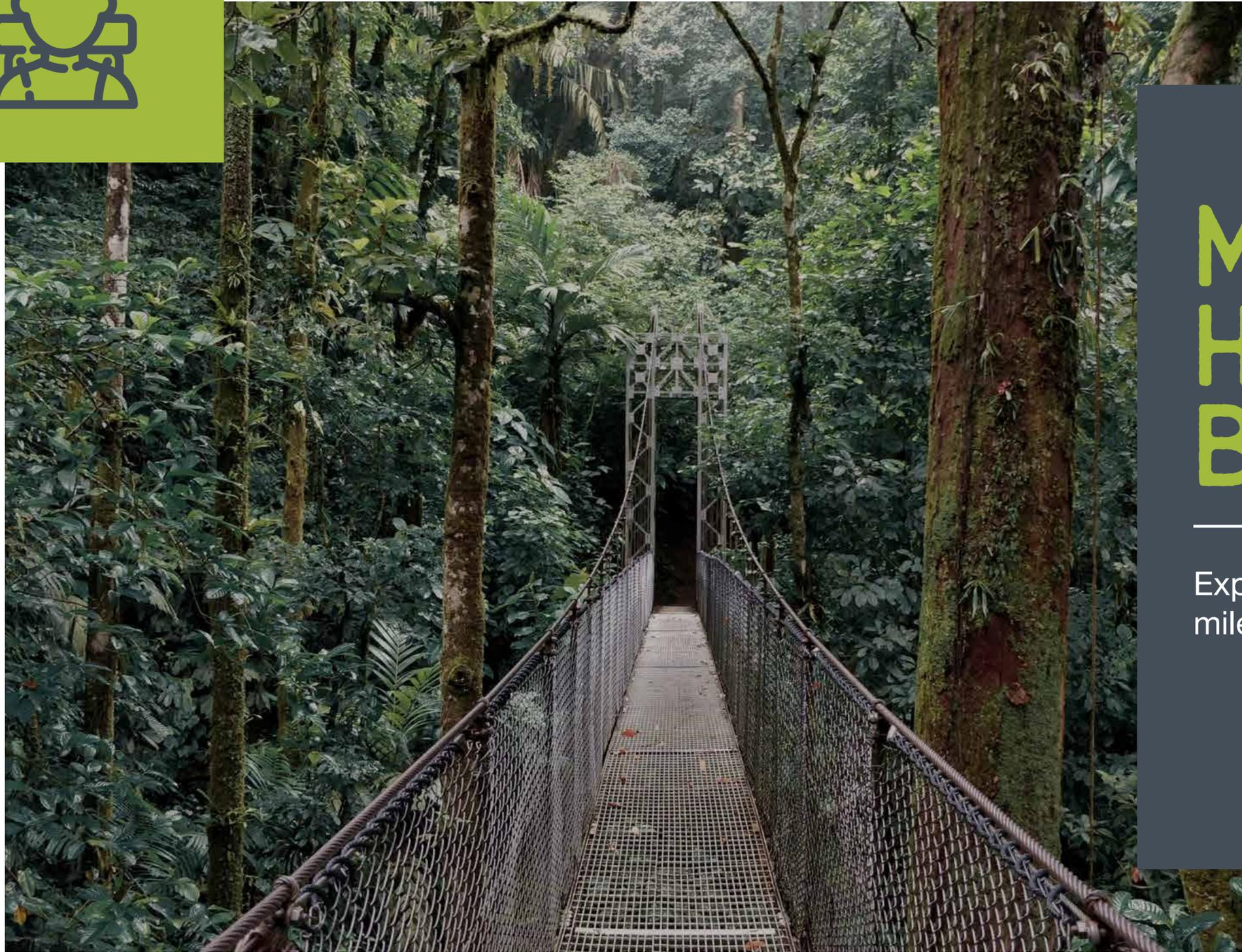




# HIKING TO ARENAL 1968 + HOT SPRING

---

Guided hike through the Volcano National Park to spot birds, heliconias garden, old lava and wonderful volcano views. Hot Springs and lunch or dinner after the hike. You can take this tour either in the mornings or afternoons.



# MÍSTICO HANGING BRIDGES HIKE

---

Experience the Rain Forest from 3 perspectives, 2 miles of trails to spot, birds and monkeys.



# BIRDWATCHING TOUR

---

We will take you to the most natural and exuberant bird's gallery, with over 200 species of birds flying free in the rainforest.





# ARENAL NATURA HIKE

---

Experience the natural world in a new way, where beautiful frogs, birds, reptiles, will have the starring role. Transportation not included.



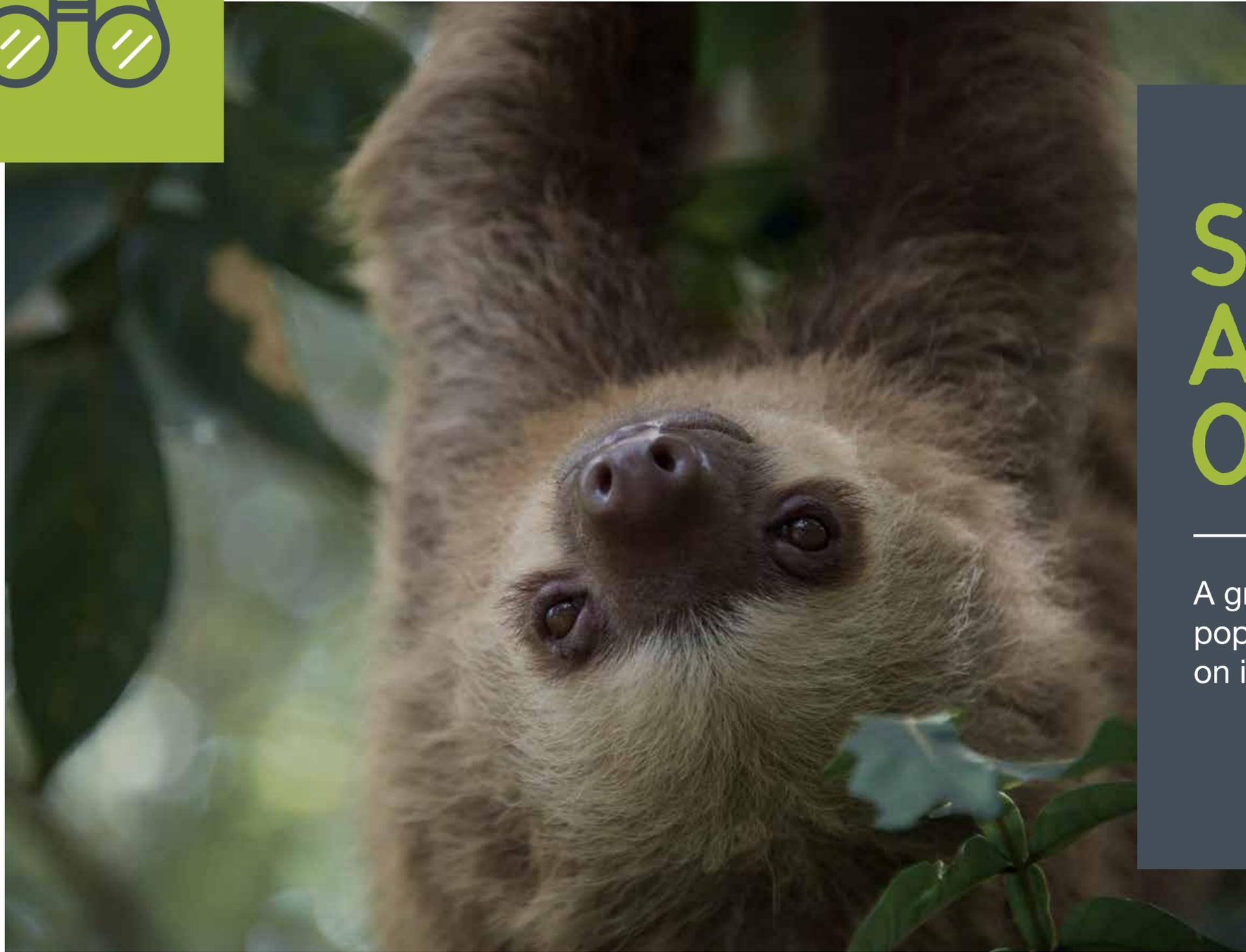


# NIGHT ADVENTURE HIKE INTO THE FOREST

---

The main subjects are insects, reptiles and amphibious, nocturnal mammals, glowing fungi, spiders, frogs and more

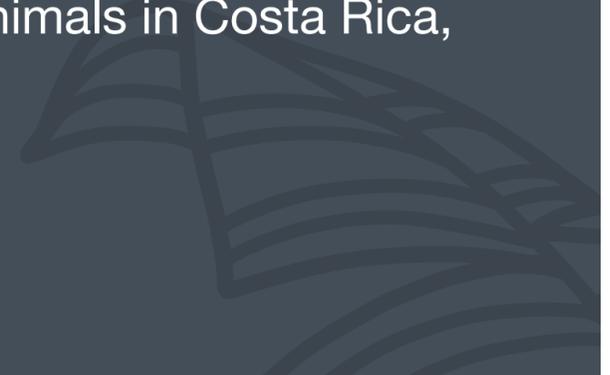


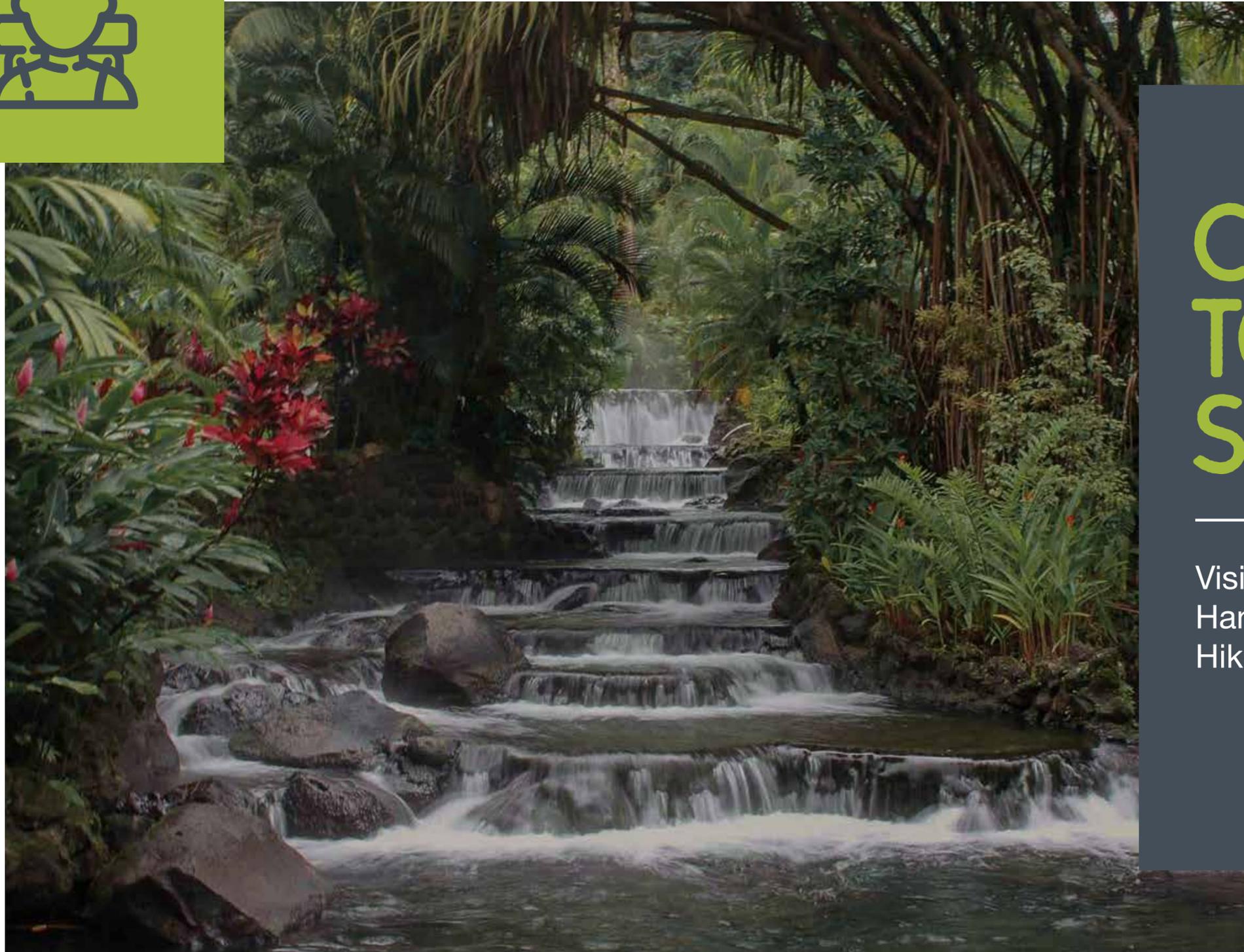
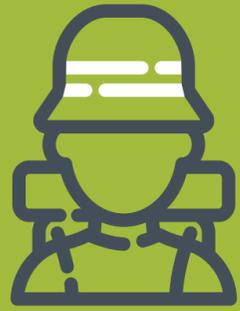


# SLOTH TOUR AND BIRD OBSERVATION

---

A great opportunity to see one of the most popular, lazy and friendly animals in Costa Rica, on its natural Habitat.





# COMBINATION TOUR WITH HOT SPRINGS

---

Visit the most wonderful places in the Arenal area: Hanging bridges, La Fortuna Waterfall, Volcano Hike and Hot Springs. Lunch is included.



ARENAL  
MANOA  
★★★★